

# RITE OF EUCHARISTIC EXPOSITION AND BENEDICTION

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## *Exposition of the Most Blessed Sacrament*

As the presider (usually Fr. Victor or Deacon Steve) opens the tabernacle and takes Our Lord from the luna and places Him in the monstrance, **all kneel**.

### *O Salutaris Hostia*

(written by St. Thomas Aquinas)

O salutaris Hostia,  
Quae caeli pandis ostium:  
Bella premunt hostilia,  
Da robur, fer auxilium.

Uni trinoque Domino  
Sit sempiterna gloria,  
Qui vitam sine termino  
Nobis donet in patria.

Amen.

O saving Victim, opening wide,  
The gate of heaven to man below!  
Our foes press on from every side;  
Thine aid supply, thy strength bestow.

To Thy great name be endless praise,  
Immortal Godhead, one in Three;  
Oh, grant us endless length of days,  
In our true native land with Thee.

Amen.

After incensing the monstrance on the altar, the presider may choose to proclaim the Holy Gospel where **all should stand**. However, if the presider chooses to read from other books of the Bible or some other reflection instead of the Gospel, **all may be seated**.

**During quiet adoration, all may either kneel or be seated.**

## *Benediction of the Most Blessed Sacrament*

Toward the end of the Holy Hour, the presider will again incense the altar and then raise Our Lord in the monstrance for all to adore together. **All should kneel** and sing:

### *Tantum Ergo*

(written by St. Thomas Aquinas)

Tantum ergo Sacramentum  
Veneremur cernui:  
Et antiquum documentum  
Novo cedat ritui:  
Præstet fides supplementum  
Sensuum defectui.

Genitori, Genitoque  
Laus et iubilatio,  
Salus, honor, virtus quoque  
Sit et benedictio:  
Procedenti ab utroque  
Compar sit laudatio.

Amen.

Down in adoration falling,  
Lo! the sacred Host we hail,  
Lo! oe'r ancient forms departing  
Newer rites of grace prevail;  
Faith for all defects supplying,  
Where the feeble senses fail.

To the everlasting Father,  
And the Son Who reigns on high  
With the Holy Spirit proceeding  
Forth from each eternally,  
Be salvation, honor, blessing,  
Might and endless majesty.

Amen.

**Remain kneeling:**

V/ You have given us Bread from heaven, [alleluia,]

R/ *Containing within It all sweetness [alleluia].*

V/ Let us pray...

R/ *Amen.*

*The Divine Praises*

*Blessed be God.*

*Blessed be His Holy Name.*

*Blessed be Jesus Christ, true God and true Man.*

*Blessed be the Name of Jesus.*

*Blessed be His Most Sacred Heart.*

*Blessed be His Most Precious Blood.*

*Blessed be Jesus in the Most Holy Sacrament of the Altar.*

*Blessed be the Holy Spirit, the Consoler.*

*Blessed be the great Mother of God, Mary most Holy.*

*Blessed be her Holy and Immaculate Conception.*

*Blessed be her Glorious Assumption.*

*Blessed be the name of Mary, Virgin and Mother.*

*Blessed be Saint Joseph, her most chaste spouse.*

*Blessed be God in His Angels and in His Saints.*

*Reposition of the Most Blessed Sacrament and Conclusion of the Holy Hour*

**After recitation of the Divine Praises and reposition of the Most Blessed Sacrament to the tabernacle by the presider, all should remain kneeling and sing:**

*Holy God We Praise Thy Name*

Melody by Heinrich Bone, 1852; Text by Fr. Ignaz Franz, 1771

Holy God, we praise Thy Name;  
Lord of all, we bow before Thee!  
All on earth Thy scepter claim,  
All in Heaven above adore Thee;  
Infinite Thy vast domain,  
Everlasting is Thy reign.

Hark! the loud celestial hymn  
Angel choirs above are raising,  
Cherubim and seraphim,  
In unceasing chorus praising;  
Fill the heavens with sweet accord:  
Holy, holy, holy, Lord.

Lo! the apostolic train  
Join the sacred Name to hallow;  
Prophets swell the loud refrain,  
And the white robed martyrs follow;  
And from morn to set of sun,  
Through the Church the song goes on.

Holy Father, Holy Son,  
Holy Spirit, Three we name Thee;  
While in essence only One,  
Undivided God we claim Thee;  
And adoring bend the knee,  
While we own the mystery.

